

# Horseback Riding Day Camp

## FREEDOM RANCH



CONFIDENCE



SOCIAL SKILLS

SpiritHorse is an “all abilities” riding program. Horseback riding has been proven to help improve confidence, motor skills, social skills, and is a great recreational activity! Horses stimulate the senses in a number of ways that are beneficial for people with certain disorders, such as Autism. The rider’s vision, hearing, sense of touch, and smell are all stimulated by the sounds, smells, and feels of the horse itself.

Our goal is for each camper, at their own pace, to gain a deeper understanding of themselves and their relationship with other people in a healthy, natural setting. Emphasizing a friendly and noncompetitive environment, we aim to provide camp memories that serve as inner resources for building character later in life.



MOTOR SKILLS & FUN!

## OUR RANCH

The Equestrian Centre offers indoor and outdoor riding rings, a covered arena, small lake and trails where campers can explore the beauty of nature, try new things and make lifelong friends.



## REGISTER TODAY

to join the adventure

CAMPER'S NAME		AGE
PARENT/GUARDIAN		
HOME PHONE	CELL PHONE	
ADDRESS		
CITY, STATE, ZIP CODE		
EMAIL		

DISABILITIES (if any):

**COME JOIN US THIS SUMMER**  
9:00 AM — 4:00 PM

<b>MAY</b>		<b>JUNE</b>	
27-31	3-7	10-14	17-21

**Cost : \$250.00**

FOR DETAILS, PLEASE CONTACT:  
423-421-3205  
ginger@freedomranchga.com

**CIRCLE THE WEEK YOU WISH TO ATTEND:**

<b>MAY</b>		<b>JUNE</b>	
27-31	3-7	10-14	17-21

AMOUNT ENCLOSED: \$ \_\_\_\_\_

*Please cut this panel and mail to:*

SpiritHorse at Freedom Ranch  
P.O. Box 826 • Tunnel Hill, GA 30755

*We will be in touch with you!*

## ACTIVITIES

- Horseback Riding
- Horse Care
- Team Building Activities
- Outdoor Yard Games
- Arts & Crafts
- Water Activities
- Self-Esteem Building & Inspirational Time